

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

Attachment 3.1-C

State Maine

STANDARDS ESTABLISHED AND METHODS USED TO ASSURE HIGH QUALITY CARE

OFFICIAL

The following is a description of the methods that will be used to assure that the medical and remedial care and services are of high quality, and a description of the standards established by the State to assure high quality care:

- a. the payment for medical care given only by licensed fully qualified professional personnel.
- b. the payment for institutional or agency care only in certified and/or fully licensed or appropriately approved institutions or agencies with standards set high enough to guarantee a high quality of service.
- c. by random sampling techniques designed to adequately evaluate utilization review programs in hospitals and extended care facilities.
- d. by consultation with agencies, hospitals, extended care units and physicians to help them up-grade and also evaluate the quality of care being given.
- e. by sampling review and evaluation of casework records of recipients regarding medical services.
- f. by sampling review of apparent appropriateness of care given in relationship to types of care for a stated diagnosis or diagnoses; the indications for and use of additional services such as consultations, diagnostic tests, surgery, etc.; consideration of total patient need - psychosocial as well as medical. Also the use of other medical resources i.e., home health services, extended care, nursing home, boarding home, rehabilitation services etc., with appropriate continuity and timing.
- g. Medical Advisory Committee evaluation of problem areas such as appropriateness of prescriptions, fabrications, billing, medical follow-up, rehabilitations etc.

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